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- Free consultation
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- 24-hour emergency service
- We do not get paid unless you do.

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## Wheelchair-Bound Car Accident Victim to Stand

After suffering extensive injuries in a car accident this past January, collegiate fast-pitch softball player Tiffany Jones found herself confined to a wheelchair.

Though her prognosis is good, the eighteen-year-old must undergo physical therapy and treatment for an extended (though unknown) period of time.

Combined with her excellent physical condition from sports prior to the accident, her hopeful attitude and positive efforts to help her local community should certainly aid in her recovery. Since returning home from rehabilitation in Atlanta, GA, the athlete has been speaking to various groups about her accident, the importance of wearing seatbelts, how quickly car acci-

dents can occur, and simple ways to contribute to society like adopting a pet.

In the accident, Tiffany was riding as a passenger when she was



**Tiffany Jones hopes to leave her wheelchair soon—permanently.**

thrown from the vehicle. The car flipped several times, throwing Tiffany out of the back window and causing her to hit the pavement. The list of her result-

ing injuries is staggering: a broken neck, separated right shoulder, lacerated liver, broken nose, and, of course, bruises and cuts. The scholarship-winning athlete was told that she would never be able to walk again.

Strong and determined, Tiffany has already shown miraculous progress. Her muscles are working to some extent, and her dad reported that she was most likely going to work on standing up sometime in July.

If you or a loved one has been injured in a car accident such as this, remain strong and hopeful like young Tiffany Jones. If the injuries resulted from another's reckless driving, you may wish to claim compensation. Call 770-577-3020 for a free consultation.

## Firm Feuds & Baseball News

The Longhorns, Jim Murphy's son Patrick's team, beat Jean Kincaid's son's team, the Bulldogs, in the Winston Mustang Championship. It was a double-elimination tournament; the Bulldogs defeated the Longhorns the previous day to get to the championship game. Congratulations

to both teams on a hard-fought battle. A particular congratulations goes out to Jean's son, Jacob, for his outstanding play and making it into the All-Star team. Jean was thrilled that her son made the All-Stars because that means she gets to go to the game and continue to eat the food that they sell at the ballpark.



**Jean's son Jacob at the All-Star game.**

## Back Pain Sufferers' Guide to Health



A healthy spine can improve your overall quality of life.

Post Road Bridge was closed for approximately one month, during which travelers had to use Highway 5 and smaller roads as detours.

Carrollton clients can meet with us near their homes.



Any kind of accident involving trauma to the body can severely affect the condition of one's back. To ensure that your back becomes as healthy and strong as possible, follow these important guidelines.

**1. Build a strong, healthy back and body.** The condition of your back muscles will affect your overall mobility and the degree to which your spine is supported. Exercising increases your back's flexibility and strength, decreasing the chance of serious injury to your spine. Despite today's emphasis on "working out," far

less attention has been given to strengthening back muscles than obtaining "washboard" or "six-pack" abs. Stronger abs can aid in protecting your back, but you must work your back muscles as well.

**2. Pay attention to your body.** Your body gives you signals constantly. Depending upon your activity, you may experience mild pain in your back, which may be normal. If you experience pain on a regular basis, however, no matter how mild it may be, you should consult a physician. Chronic pain could be a symptom of a back injury that requires treat-

ment.

**3. Continue to care for your back.** Even after receiving treatment and experiencing relief from injury, back pain sufferers can still experience noticeable pain. A recent study found that most trauma patients suffer from moderately severe pain even one year after their accident dates. Not only may this post-injury pain lead to disability, but also post-traumatic stress disorder and depression. By resuming treatment when necessary, you may avoid these difficult effects as well as lasting symptoms of back pain.

## Local Interest: Post Road Bridge Update

Post Road Bridge over Dog River is now open to traffic after a lengthy time spent on repairs to the 57-year-old bridge. It closed May 31 when a deputy discovered a two-foot-wide hole in the asphalt in one of the traffic lanes. Despite its acceptable sufficiency rating of 52.4 in 2004 (ratings

below 50 require replacement), the bridge required immediate repair. Douglas County DOT director Randy Hulseley announced an estimated a cost of \$30,000 to \$40,000 to lay new pavement, replace steel, rebuild approaches to the bridge near Dog River, and replace the deck completely. He also proposed that the Board of Com-

missioners make the bridge inaccessible to large trucks by dropping the bridge's load limit from 19 tons to 10 tons. Local school buses weigh below 19 tons and would still be able to use the roadway. Trucks would use Highway 5 instead.

The newly constructed bridge is ready for school season in August. Safe driving!

## New Carrollton Office Location

Murphy & Associates is pleased to announce that we have a new Carrollton location for your convenience. Already serving many clients in Douglasville and the surrounding areas (including Carrollton),

we are pleased to provide a local office for Carroll County residents. If you are looking for an experienced attorney in the Carrollton area, contact us at 770-577-3020 to schedule a free consultation at our new office location. We look forward to meeting with you at our convenient new location!

### Offices:

Carrollton Location:  
500 Old Bremen Rd.  
Carrollton, GA 30117

Douglasville Location:  
8302 Office Park Dr.  
Douglasville, GA 30134

## Firm Spotlight: Jean Kincaid



**Jean smiles on and off the baseball field.**

Jean, born in Lake County, OH, has taken advantage of living in multiple states by exploring her sense of adventure. She lived in Colorado

for a few years where she enjoyed skiing in the mountains, and though Georgia doesn't have any "slopes," she traded in her snow skis only to buy—you guessed it—water skis. After moving to Georgia in 1991, Jean fell in love with the water. On the weekends, you can usually find her boating on the lake or swimming in her pool at home with friends and family.

Time spent above water—when not at the law office—is usually at the baseball field where she

watches her two boys play. She and her husband have been married for nearly nineteen years and enjoy playing with their chocolate Labrador Retriever when they're not at the ballpark.

At the office, Jean can be found hard at work. She has seventeen years of experience in the legal field, has been with Murphy & Associates for five years, and treats each client with honesty and respect. We hope that Jean stays with us forever!

**"When the British version of 'Victoria' uncovered her 'secret' on billboards, drivers with wandering eyes [crashed]."**

## Bodies on Billboards Lead to Body Shops

We've all seen it in the movies: a relatively "dorky" guy drives along the road attempting to "keep his cool" when an attractive young woman catches his eye and causes him to crash, embarrassingly, into a trash can, mailbox, or another car. The result? A nice dose of comedy for audiences. But real-life results can be far more serious, sometimes involving an entirely different dosage requirement, one prescribed by a medical doctor rather than a witty screenwriter.

When the British version of

"Victoria" uncovered her "secret" on billboards (supermodel Eva Herzigova in a lingerie ad), drivers with wandering eyes on busy highways found themselves colliding with other automobiles and objects rather than the scantily-clad lady. According to a recent United Kingdom study, this problem is not just a one-time phenomenon: eighty-three percent of drivers are distracted by road signs and billboards, many of them keeping their eyes off the road for over five seconds at a time. When combined with a speed of 60mph, these seconds

result in a distance of over 100 yards in which a driver is inattentive to the road. In fact, drivers spend up to 50% of their time on the road looking at distracting ads and signs.

Do U.S. drivers have cause for concern? In today's postmodern era of image overload, American highways are more dangerous than ever. With electronic and moving billboards springing up across U.S. cities, drivers distracted by signs depicting sexy *bodies* may find their cars in the *body shop*.

## Firm Website: [www.murphyllawyer.com](http://www.murphyllawyer.com)

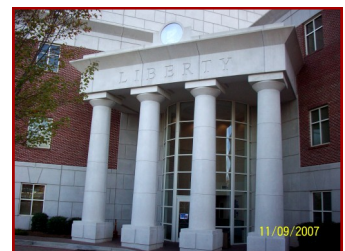
We are constantly updating our "murphyllawyer" website with current news and important information regarding car accidents, truck accidents, worker's compensation cases, and much more. Hopefully, you will find that our website is becoming a resource for anyone

seeking information on legal and personal injury matters or simply car accidents or recent wrecks.

In addition to reading our blogs and articles, you can visit our site to view frequently asked questions, find directions to our two office locations, and receive free books or evaluations of your case from an

attorney. You'll also find local images on the site.

If you want to make your voice heard online, feel free to post comments to any of our blogs. We look forward to seeing you on the web!



**One of many local images on the [www.murphyllawyer.com](http://www.murphyllawyer.com) website.**

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**Attorneys for the Injured.**

## Q&A With James Murphy: Worker's Comp.

Attorney James Murphy handles car accident, truck accident, worker's compensation, and many other types of cases. This month, we asked him to answer frequently asked questions related to the practice area of worker's compensation.

**Q: I was hurt at work. What should I do?**

**A:** The first thing you should do after being hurt at work is to contact your supervisor or someone in management right away. Be sure that someone records your name, date, and time of injury as well. If your injury is serious, don't hesitate to call 911, and go to the emergency room immediately. The Worker's Compensation Laws of Georgia recognize that you may need to go to the emergency room right away. You should be covered by insurance to pay for the emergency care as long as it can

be shown that your injury occurred at work.

**Q: What should I do if I was hurt at work but failed to report the accident right away?**

**A:** The law in Georgia allows you up to 30 days to give notice of your injury to your employer. However, you should not delay in reporting the injury. Explain how the injury occurred and indicate if there were any witnesses who can affirm your report.



**James Murphy handles cases with professionalism and compassion.**

Sometimes your employer may try to claim that your injury occurred somewhere other than at work, so it is imperative that you report your injury as early as possible and ask a witness (such as a co-worker) to verify that you were hurt at work.

**Q: What if my employer refuses to allow me to report my injury?**

**A:** Some employers do not understand how Worker's Compensation operates. If your injury occurs at work you are automatically—with a few exceptions—covered by Worker's Compensation. If your employer will not cooperate, you should file a notice of claim with the State Board of Worker's Compensation. You can do so yourself or with the assistance of an attorney. There may be time limits in filing such a claim, however, so do not delay in filing your work-related injury if your employer refuses to file it for you.

**TELL YOUR FRIENDS AND FAMILY ABOUT US!**

**WE ARE THANKFUL TO ALL OF YOU FOR ALLOWING US THE PRIVILEGE OF SERVING YOU.  
THANK YOU IN ADVANCE FOR YOUR REFERRALS.**

**HAVE A WONDERFUL MONTH!**